

CAULFIELD RSL  
SUB-BRANCH INC.  
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# EURFIS



Official Newsletter of the Caulfield R.S.L. Sub-Branch Inc. & Caulfield R.S.S.& A. Club

## PTSD Dogs Fundraising Dinner—Monday November 4th

Caulfield RSL are holding a fundraising dinner to raise funds to assist in providing a Victorian Veteran with a PTSD Dog.

**The dinner will be held from 6pm on Monday November 4th at the Club.**

**The evening will be hosted by Richard Stubbs, who is very generously donating his services. The dinner consists of a 2 course meal and costs \$100 per head—a percentage of which will be donated directly to PTSD Dogs Australia.**

**You will meet the dogs and their handlers and hear about their work. Following dinner, entertainment will be provided by CRSL favourites Charlie and Fi.**

PTSD Dogs Australia is a not for profit charity who are dedicated to rescuing, re-homing and training of suitable displaced or unwanted dogs to support both current and retired members of the Australian Defence Force and First Responders (Fire, Police and Ambulance) living with Post Traumatic Stress Disorder [ PTSD ]. Their dogs come from pounds, shelters and rescue groups, and their work sees not only a person being given a second chance, but also a dog. Dogs are individually trained to perform tasks such as reminding the handler to take medication or guiding them away from stressful situations.

**Acquiring and training a services dog is a complex and involved task that requires highly skilled trainers and takes a minimum of 6 months intensive training. To train each dog to be an assistance dog varies between \$35,000 and \$40,000.**

These highly specialised assistance dogs, once trained and certified, are donated to military personnel and first responders diagnosed with PTSD associated with their service to Australia and our community, and PTSD Dogs Australia supply lifetime support to each dog and its handler.

Tickets to this dinner can be booked via [this link](#), or contact Shauna on 9528– 3600 or [admin@crsl.com.au](mailto:admin@crsl.com.au) Donations of cash or prizes to auction or raffle can also be made.

We hope that you will support this important event at Caulfield RSL.

"WHEN IT'S TOO HARD TO LOOK BACK  
AND YOU ARE TOO AFRAID TO LOOK FORWARD...

LOOK BESIDE YOU... I'LL BE THERE"

Your Rescue Dog 🐾



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James Steedman

**Treasurer**

Clayton Kenner

**Secretary**

David Labrum

**General****Committee**

Rob Joy

Bob Larkin

Ben Marshman

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Smith

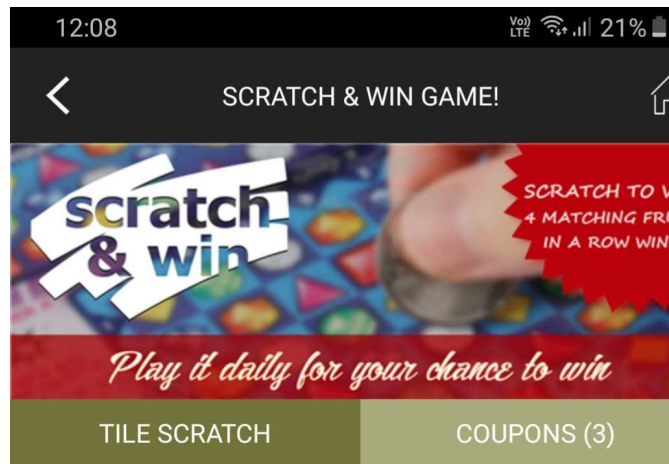
**Secretary/****Treasurer**

Danny Allen

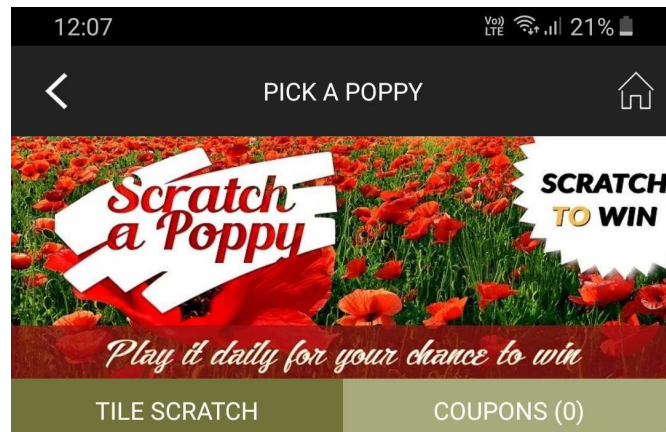
**CAULFIELD RSL APP**

Download the Caulfield RSL app from the Apple or Google stores to stay in touch with what's coming up at the RSL.

There are 2 Scratch and Win games - one exclusively for current financial members. In the first game - open to everyone with the app on their phone - you match four fruits and receive a 'coupon' on your phone. Take it to the bar to redeem for a free drink.



In the Members' only game, log into the Member's Area and find a poppy in the Pick a Poppy promotion. Again, you receive a coupon on your phone. Take it to the bar to redeem and received an entry form that you need to complete and place in the barrel for the end of month draw.



The Draws will take place on the last Monday of each month - and the prize is a hamper up to the value of \$500.

Our first two hampers have already been claimed, with a footy hamper to be drawn on Monday 30th September.



**Please join us  
for**

**Ferry Trip to Portarlington**

**Wednesday, 9 October**

**Meet 9.00 am at terminal outside  
Marvel Stadium for 9.30 am departure**

**\$30.00 per head**

**Lunch at Grand Hotel  
at own cost**

**Return trip departs 3.30 pm**

**For more information contact David on  
0400 597 493**

**To book & pre-pay please see  
David or Judy**



## BATHROOM RENOVATIONS

***Our Club has a proud history of supporting our current and returned***

***Veterans.***

***Recently, we have helped 2 veterans with housing issues. We are grateful for the support***

***of the New Zealand Sub Branch and***

***Alan & Fay Schwarz for their***

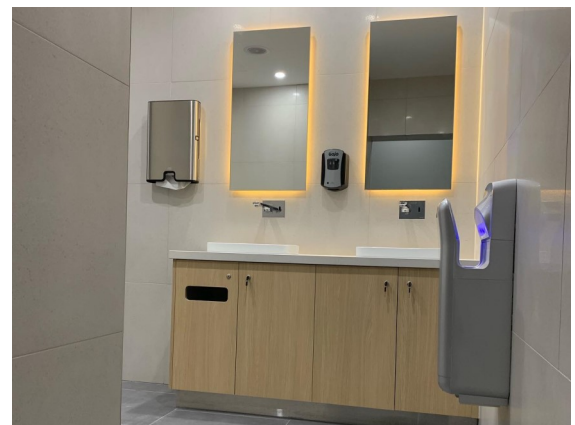
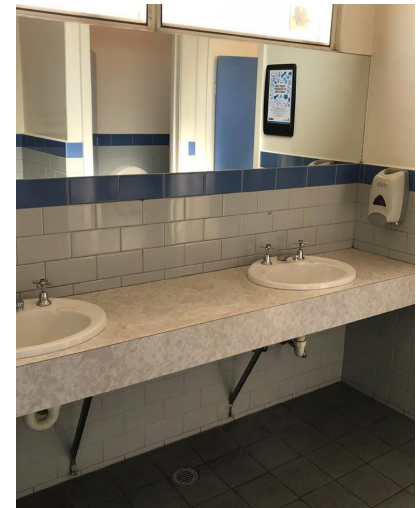
***assistance.***

***Any Veterans who requires support, advice or assistance should contact the Club on 9528 3600***

Thanks to our Members and guests for their patience during our 2 stages of bathroom renovations.

Stage 1, of the toilets adjacent to the Dining Room, was completed just prior to ANZAC Day, with stage 2 starting shortly thereafter. A new accessible bathroom has been created near the Dining Room with an automatic opening door and featuring baby change facilities.

We think you'll agree that they are a VAST improvement on the previous facilities (pictured right).



Parma  
*for a*  
Farmer



**Thank you to everyone who supported our 'Parma for a Farmer' campaign in August.**

**Sales of special 'Farmer Parma's' raised \$500 which will be donated to Rural Aid Australia to help our farmers and their families.**

## Want to step up?

Are you

\* A New Member to the Club who wants to meet other members?

\* Keen to get moving following a long cold winter?

\* Interested in joining a team of between 5-20 people for the 2019 DVA 10,000 Step Challenge?

Then.. read on..




The DVA 10,000 Steps Challenge will take place between Monday 11th November and Sunday 8th December.

How it works:

This is a virtual step challenge where participants work together to count their steps every day over four weeks (aiming for 10,000+ each day). During this time DVA will send out a weekly post-card on Tuesday and Newsletters on Thursdays to keep everyone up to date on their progress.

There are random prize winners announced, mini team challenges and instant quizzes.

How and when you walk is up to you but, could include regularly meeting up with other CRSL members and walking together, counting your steps as you go about your day, or count steps as you are walking your dog (one pooch is allowed to be an official member of the team!) 

Steppers can use a smart phone or health tracker (such as Fitbit or Garmin) to track their steps. There is a 10,000 steps app that can be downloaded for Apple and Android which allows you to enter your steps through the app, which then updates your 10,000 Steps profile. Fitbit users can synch their trackers to automatically update their profile. There are prizes for the best team, best mascot etc.

If you are interested in taking part, drop an email to Shauna at [admin@crsl.com.au](mailto:admin@crsl.com.au) Registrations close on Friday October 18th.

Read more about the program [here](#).

**At time of printing  
the Member's  
Draw has hit  
\$5,000.**

**Remember, when  
your name and  
number is called,  
you have 4 minutes  
to claim your prize.  
You can see who's  
name and number  
DID come up in  
the Members area  
of our APP.**

**IF YOU ARE A  
CURRENT  
MEMBER—YOU  
ARE IN THE  
MEMBERS DRAW.  
YOU DO NOT  
HAVE TO SWIPE  
YOUR CARD AT  
THE KIOSK TO BE  
ENTERED IN THE  
DRAW**

**If you wish to dine  
on Members  
night—book your  
table via our  
website—  
[www.crsf.com.au](http://www.crsf.com.au)**

## Win \$20,000 with RSL Rewards

Go in the running to win \$20,000 thanks to RSL Rewards.

Simply swipe your card at the kiosk, or when making a purchase, between 4pm and 7pm on Tuesday 17th September to be in with a chance to win!



Swipe your card at the kiosk or when making a purchase, between 4pm and 7pm on 17th September 2019 to enter the draw!

Winner will be announced at 7:15pm on 17th September 2019.

Terms & Conditions apply



## New Furniture in the Café and Bar, and an old friend returns



New furniture is now in place in the Café/Lounge and bar area, consisting of new high tables and chairs for the bar, and couches, booths, tables and chairs for the Café area. Perfect for watching the game, or relaxing and reading the paper or catching up with friends.



Also, in case you hadn't noticed, the original chandelier has returned to our Dining Room.

The light was relocated to the stairwell during the Flying Saucer Club years, but has been reinstated to its rightful place in the Dining Room.

### Book your celebration, event or Xmas party now

If you're starting to plan your end of year office celebration or family get together, why not hold it at Caulfield RSL?

We have a wide range of platters available to suit most dietary requirements for a cocktail party function, or a tailored menu for a sit-down lunch or dinner function.

We can style the room and provide AV equipment to suit your event.

Make a function enquiry today via email [functions@crsl.com.au](mailto:functions@crsl.com.au)



### Have you dined with us lately?

Lee and his team in the kitchen have been producing some mouth watering meals in the last few months.

Some recent online reviews are at right.

One of the most talked about dishes was the amazing Tomahawk steak platter.

So, if you haven't been in to dine for a while—come in and see what's on the menu.



Great Food and service

Great atmosphere and very friendly people The staff are awesome !

Beautiful atmosphere nice and quiet able to talk with friends without noisy background. Would highly recommend this place to everyone. Staff are very polite.

## Upcoming events



### Contact Us

If you have a comment or story you would like to submit to *FURFS*, or you have a business and would like to offer discounts or specials to your fellow CRSL members, then drop us an email at

[furfs@crsl.com.au](mailto:furfs@crsl.com.au)

or

**Furfs**

**Caulfield RSL**

**4 St George's**

**Road**

**Elsternwick, 3185**



**RUGBY  
WORLD CUP™**  
JAPAN日本2019

Spring  
Racing  
Carnival



**PTSD Dogs Australia**

**Fundraising Dinner**

**Monday November 4th at 6pm**

